Month of Guided Prayer – A Retreat in Everyday Life Registration Form Registration encouraged by March 24
Name: Email Address:
Please check preferred time for meeting with your prayer guide, once per week, same time each week on Thursdays (check all that would work for you).
☐ Morning (between 8:45 and noon) ☐ Afternoon (between 1:30 and 4:45) ☐ Evening (between 6:30 and 9:00)
☐ Special requirements (e.g. after 3pm). If flexible, please leave blank:
Are there any weeks that you cannot meet in person, and if yes, please indicate when and if you prefer to meet via phone or Skype on another day that week:
☐ Check here if you prefer to meet as a couple. If yes, please provide name and contact information for the other person:
Please complete the other side

Registration

Contact Robin Black-Rubenstein at rblackrubenstein@st-boniface.com or 618-656-6450 x 103. Completed registration forms may be hand delivered or mailed to the Parish Office or emailed to Robin.

Registration encouraged by March 24.

There is no registration fee, but retreatants are invited to share the costs of the retreat as they are able. Regarding offering amount, the average cost for each retreatant is about \$48, some retreatants contribute less and some contribute more. Offerings may be given to the retreat coordinator, cash or check made out to Month of Guided Prayer. Your offerings help support the continuation of this ministry.

Two things are needed for spiritual growth – Desire and Prayer St. Boniface Catholic Church 110 North Buchanan Street Edwardsville, IL 62025 http://st-boniface.com

"Until we hosted a Month of Guided Prayer, we had no idea of the spiritual hunger of our local faith community. The retreat provided the spark to let us respond to the Holy Spirit. We continue to give thanks for the opportunity of spiritual growth that the MGP has provided our faith community." Michael Durbin, Spiritual Direction Ministry, St. Paul Parish, Highland, IL

The schedule for upcoming retreats, frequently asked questions and other information is available at www.weekofguidedprayer.org.

Month of Guided Prayer

A Retreat in Everyday Life

The <u>next</u> step on your spiritual journey

St. Boniface Catholic Church

April 3 – April 30 2016

Overview

- A retreat in everyday life pray on your own at least 20 minutes each day and meet privately with a prayer guide for one hour, once per week for four consecutive weeks.
- A retreat personalized to what <u>you</u> are hoping for your prayer guide will offer suggestions accordingly. Many retreatants explore new ways of praying, and for some, it is a first experience of spiritual direction.
- An opportunity to become more aware of God's presence in your life, and if you wish, an introduction to Ignatian Spirituality.
- Couples in committed relationships have the option of meeting as a couple with a prayer guide, rather than separately.
- Prayer guides are not allowed to serve in their own parish, nor may companion someone they know.
- This is an ecumenical program, so any adult is welcome regardless of church affiliation or denomination.

There is no wrong way to pray. You can't do this retreat wrong.

Praise from Retreatants

"My prayer guide was excellent, understood my concerns and goals, and offered many suggestions for types of prayers and activities. My guide listened! I think we were an excellent match, and since there was no information about each other given during registration, I believe it was God's will. Thank you, God!"

"I was feeling that my prayer life was in a rut. Now my spiritual/prayer life have started a new, fresh chapter I hope will unfold for years to come."

"This retreat is so practical – integrating my spiritual life and my work life with simple prayer techniques I can use on a daily basis."

"For the first time in my life, I am beginning to truly believe that Jesus desires to be *my* friend."

"I now recognize ways I was already praying, but did not appreciate."

"This retreat improved my prayer life more than anything else I have ever done."

Specifics of the Retreat

- The retreat begins on Sunday, April 3 at 1:30 pm in the Oak Room. At this gathering, there is prayer as a group and each participant meets his/her prayer guide (lasts about 90 minutes).
- between retreatants and prayer guides occur on Thursdays (the same time each week for each participant) selected from the following when registering:
 - o M between 8:45 & 12:00
 - A between 1:30 & 4:45
 - o E between 6:30 & 9:00
- All in-person meetings take place on the church premises. If you cannot meet in person one or more of the sessions, it is possible to meet via phone or Skype (which need not be on Thursdays).
- Closing of the retreat is celebrated as a group on Saturday, April 30 at 9:00 am in the Oak Room (lasts about 90 minutes).
- You may still participate in the retreat if not able to attend the gatherings on April 3 and/or April 30.

The opening of the retreat will begin on Sunday, April 3 at 1:30 pm in Oak Room (lasts about 90 minutes). Please indicate whether you will be able to attend:
\Box Yes, I plan to attend the opening. \Box No, I will be unable to attend the opening.
☐ The Month of Guided Prayer is an ecumenical ministry and some prayer guides are not Roman Catholic. If you have a strong preference that your guide be Roman Catholic, please indicate it with a checkmark here.
We prefer to assign different guides to retreatants (not meeting as a couple) who have close personal relationships, such as mother/daughter, husband/wife, life partners or very close friends. Please provide the name(s) of anyone registering with whom you have a close personal relationship: